

THE CAMP PACK



ITCHEN AMAZON
SEA SCOUTS

WELCOME TO CAMP

Welcome, this pack is to provide information to Scouts, parents and guardians in regard to our activities, equipment and expectations for the camp.

Camps are a great way of introducing other experiences into Scouting as well as them progressing towards the Chief Scout Gold & Activity badges. There are a number of different styles of camp that the Scouts may be introduced to over their time with us in Scouting. These may include (but are not limited to):

District Camp – Weekend camp organised by the District, includes various activities.

Winter Camp – Activity camp organised in the middle of winter.

Summer Camp – Activity camp typically arranged by the 31st Sea Scouts

Survival Camp – 1-2 night camp, shelter building, fires, cooking.

Emlyn Camp – Weekend competition camp to demonstrate camping skills.

Each camping style can present different opportunities and challenges for the Scouts. There are too many possible activities to be listed.

Challenges for Scouts come in many different ways; this could be staying away from home or from parents; performing some of the many chores (cleaning, cooking and washing up), pioneering, fire lighting, taking part in activities that challenge their fears (heights, confined spaces etc.). We encourage Scouts to take responsibility, whilst providing a fun and safe environment to do so. We coach the Scouts to at least attempt each of the activities, if they find it too taxing (for whatever reason) then they can take a break and hopefully try again later.

The safety and welfare of the Scouts are of the highest importance, Scouts will be instructed by Leaders who hold appropriate Scouting permits and/or recognised industry qualifications.

We do expect all Scouts to comply with the Scouts Code of Conduct, to have the correct equipment (the equipment list is attached), to comply with all safety briefings and follow the instructions provided by Leaders or helpers. For safety reasons, incorrect equipment or poor behaviour may result in us stopping an activity and/or excluding the individual from that activity.

Thanks, we look forward to seeing you at camp!

Yours in Scouting, 31st Itchen Amazon Sea Scout Leaders

CAMP KIT LIST

All Scouts need to bring their personal equipment and should be encouraged to pack for themselves.

- Folding Chairs at camp are permitted for Explorers only.
- Only sleeping mats/foam roll mats and thin self-inflating camping mats are permitted, absolutely no camp beds or air beds. This is due to the space limitations of shared tents.
- The group accepts no responsibility or liability for the loss or damage to any personal equipment or clothing.

Camp equipment checklist:

Uniform Top Half (Jumper/Hat/Necker)	Medicines (to be handed in)
Activity kit T-Shirt	Personal first aid kit
Warm sweaters/jumpers/fleece	Torch & spare batteries
T-shirts/Base Layers or similar	Cup, bowl, plate, cutlery & drink bottle, Mess Tin (Cooking on open fire)
Trousers and/or shorts	Notebook and pen
Underclothes (min 1 per day)	Tea towel
Socks (min 1 per day)	Warm hat & gloves (cold weather/night)
Pyjamas/bed clothes	Thermal vest/trousers (recommended)
Waterproofs (coat & trousers)	Sun hat, sun cream, sun glasses (summer)
Hike/trekking shoes	Polythene bags (laundry/wet/dirty kit)
Recreational shoes (trainers/wellies)	Sleeping bag (Min Season 2-3)
Swimwear & towel	Sleeping mat/foam roll (no camp beds)
Personal wash kit & towel	Survival bag (winter or survival camp)
Kit bag (no suitcases)	Small games/books
Day bag (rucksack)	Cake for sharing (min 6 portions)

- Suitcases are not suitable for tents.
- Items must be labelled with a name.
- Synthetic-filled sleeping bags are easier to clean than natural filling. Zips can be a source of cold if no baffle is fitted.
- Even in summer, temperatures may drop to 5°C in the early hours. Sleeping bags should be a minimum of 2-3 seasons. An additional blanket may also be required.
- Walking boots give better ankle support and normally have better soles than shoes if you are hiking.
- A number of layers are warmer than one thick one as the warmth can be regulated more easily.
- Medication is to be handed in on arrival. If your Scout manages their own (e.g. asthma inhalers), a spare must be provided to leaders on arrival.
- Do not pack torches with batteries fitted; they may get accidentally switched on when arriving at camp with flat batteries.
- Knives may be taken to camp. To be packed amongst your clothing. Blades must be closed or sheathed appropriately. All knives are to be declared or handed to Leaders on arrival (Leader's discretion). They may only be used on-site with express permission & supervision of a Leader.
- Electronic devices should be restricted to mobile phones/MP3 players. Usage is limited to free time only; unless explicitly approved by a Leader. Further restrictions will be made for the District camp.

ADDITIONAL INFORMATION

Parent Help

Camps take up a lot of additional time & effort on behalf of the Leaders, not just our time whilst away at camp but the planning and organisation also. We do therefore require the help of the parents to assist us where needed;

Transportation: we need help to transport tents and equipment (to & from). If you have access to vans, flatbed vehicles or mini-buses please let us know (this also helps to reduce costs).

Pitching/Breaking Camp: Many hands make light work. On some camps, we need volunteers to help us set up & take down.

Kitchen Rota: at camps like the District there is very little time during meals. At events like these, we need parents to step forward to assist in the food preparation & distribution for hungry Scouts at meal times. Without this, it would likely prevent us from being able to attend District camp.

Other Help: Preparing menus; Shopping; Costume making. Plus pretty much anything else we can think of.

Please let us know if you can help!

Equipment

If you are unsure of the correct equipment to bring to camp please let us know. Even in the height of summer the temperature at night or in the early hours drops low. Extra layers and good-quality sleeping bags are required to keep warm. Spare clothing is essential in the event of continuous rain.

Further Information

Information Packs, Documents, Forms or Badges which we think may be of use to Parents or Scouts can be found readily available on our website.